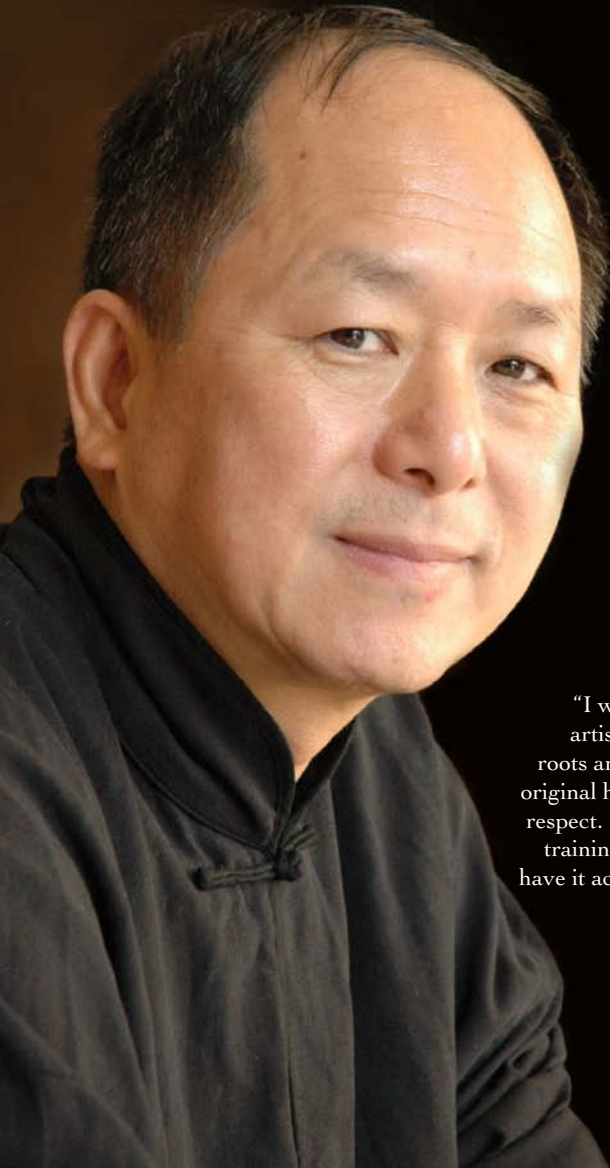


YMAA 25-Year Anniversary DVD



“I want to lead Chinese martial artists in the West back to their roots and help them to regain their original high level of skill and public respect. I also wish to bring Qigong training to the Western world and have it accepted by Western medical society once and for all...”

Dr. Yang, Jwing-Ming



In this DVD compilation you will see the progression of YMAA as it materialized from a distant dream into an amazing, supportive, international martial arts community and network. Dr. Yang has been helping to pioneer and propagate traditional martial arts for more than 40 years, effectively creating a momentum that continues to carry on strong to this very day. YMAA began as a small group of students with a passion and eagerness to learn about Chinese Kung Fu, and it has since evolved and matured into a globally acclaimed symbol of quality and leadership in the field.

I am excited and happy to share with you much of this never-released video footage from our humble beginnings back in the 1980s until our 25th anniversary, a quarter century later. This archival footage will surely be remembered and preserved for many years to come. You will see some of the greatest masters and YMAA students of our time, the most influential inspirations and icons of our generation, and how they advanced in their training throughout years of dedicated, unselfish teaching and practice. It is my sincerest hope that the background and history of our school will inspire you in your training and provide some insight into the makings of a worldwide martial arts organization.

Martial artists today comprise of a unique and very particular type of community. Although we come from varying backgrounds, styles, and levels of experience, we are all working towards the common goal of preserving and reestablishing the greatness of what the art once was. Regardless of our origins and experience, we strive to bring our practice back to its roots, to revive the true essence of traditional training. Together, we can reach this goal.

Nicholas Yang, President YMAA International



CHAPTERS

Dr. Yang Biography

Intro title

Podcast excerpt

1983 Boston YMCA demonstration

Three Section Staff vs. Staff, *Alex Kiesel & Gil Jones*

Ba Duan Gun, *Alex Kiesel*

Chai Shou, *Gil Jones & Russell Steinberg*

1985 Masters Demo - Houston, TX

Taiji Sword, *Dr. Yang, Jwing-Ming*

Eighteen Kicks, *Jeff Bolt*

Liu He Ba Fa, *Master Liang, Shou-Yu*

Xiao Hu Yan, *Dr. Yang, Jwing-Ming*

1986 YMAA Boston school demo

Rope Dart, *Gil Jones*

9-section Chain, *Gil Jones*

Sha Shou Jian - Two Short Rods, *Michael Wiederbold*

Spear vs Saber, *Dr. Yang and Gil Jones*

1988 YMAA Boston school demo

Staff vs Two Short Rods, *Alex Kiesel & Peter 'PHU' Dinh*

Zhong He (Ancestral Crane), *Michael Wiederbold*

White Crane Sai, *Peter 'PHU' Dinh*

3-Section Staff vs Staff, *David Ripianzi & Jay*

Barehand vs Staff, *Alex Kiesel & Foster Stevenson*

Sha Shou Jian - Two Short Rods, *Ramel Rones & James Israel*

Taizu Changquan, *Michael Wiederbold*

Barehand vs Dagger, *Group*

Shuang Dao (Double Saber), *Wen-Ching Wu*

Ba Duan Qiang (8-Section Spear), *Mark Seidel*

1989 YMAA Boston school demo

Yang-Style Taijiquan - Parts 1 & 3, *Group*

Taiji Fighting Set, *Alan Dougall & Carol Shearer-Best*

Yi Lu Mai Fu, *Jim O'Leary, Mordchai Cohen*

Kun Wu Gun (Kun Wu Staff), *Ramel Rones*

1990 Taste of China

Red carpet, masters entrance.

Yang Style Taijiquan, *Master Jou, Tsung-Hwa*

Pushing Hands Round 2, *Ramel Rones*

Pushing Hands Round 3, *Ramel Rones*

Pushing Hands Final Round, *Ramel Rones*

1991 Expanding the Boston School

1992 YMAA Boston School demo

Lion Dance, *Kids Kicking*

Taiji Sword, *Group*

Xingyiquan, *Tai Ngo*

Baguazhang Deer Hook Swords, *Ramel Rones*

Kun Wu Gun, *Jim O'Leary*

Er Lu Mai Fu, *Group*

San Lu Pao, *Ramel Rones*

Bai He (Barehand Training Form),

Reza Farman-Farmaian

Short Defense, *Group*

White Ape Sword, *Wen-Ching Wu*

Spear vs Saber, *Alex Kiesel & Reza Farman-Farmaian*

1993 Taste of China

White Crane, *Jeff Bolt*

1993 YMAA Boston School demo

Taiji 24-form, *Tai Ngo*

Taiji Fighting Set, *Group*

Taiji Saber, *Lewis Paleias, Ramel Rones, & Jeff Pratt*

Baguazhang Swimming Dragon, *Tai Ngo*

Shang Xia Zhi (Up-Down Limbs), *Group*

Yi Lu Mai Fu, *Group*

Xiao Hu Yan, *Jim O'Leary & Jenny Mannify*

San Lu Pao, *Ramel Rones*

Kun Wu Gun (Kun Wu Staff), *Jim O'Leary & Jenny*

Mannify

Beng Bu (Force-Stepping Sequence), *Tai Ngo*

Yao Gu (Shake the Drum), *Rosey Clifford*

Barehand vs Saber, *Reza Farman-Farmaian & Ramel Rones*

Short Defense, *Group*

Shi Zi Tang (Crossing Sequence), *Simon Pang*

Bagua Dao, *Reza Farman-Farmaian*

Knife Defense, *Group*

1994 China Tour

Qi Mei Gun, *Bruce Crawford & Simon Pang*

Lian Bu Quan, *Group*

Guan Dao, *Ramel Rones*

Short Defense, *Group*

Chin Na, *Dr. Yang, Jwing-Ming & Ramel Rones*

Shaolin Chin Na, *Group*

Qi Xing, *Tai Ngo, Bruce Crawford, Ravi Dixit, & Simon Pang*

1995 Taste of China

Yang-Style Taijiquan with Fa Jing,

Dr. Yang, Jwing-Ming

Liu He Ba Fa - 2nd Routine, *Master Liang Shou-Yu*

1996 Taste of China

Taiji Chin Na, *Dr. Yang, Jwing-Ming & Mark Rits*

Chen-Style Taijiquan, *Dr. Yang, Jwing-Ming*

1997 Taste of China

Chin Na Applications, *Dr. Yang, Jwing-Ming & Master Liang, Shou-Yu*



1998 Taste of China

Yang-Style Taijiquan with Fa Jing Power,
Dr. Yang, Jwing-Ming
Liu He Ba Fa, *Master Liang, Shou-Yu*
Yang-Style Taijiquan, *Master Jou, Tsung-Hwa*

1999 Taste of China

Dedication to Master Jou, Tsung-Hwa, *Pat Rice*
Taiji Chin Na, *Dr. Yang, Jwing-Ming* *vs Sam Mawick*
Bagua Dao, *Jeff Bolt*
Taiji Sword, *Dr. Yang, Jwing-Ming*

2000 Boston Documentary

2000 YMAA Summer Camp - Hungary
Taijiquan, *Grandmaster Li, Mao-Ching*
Kun Wu Jian, *George Dominguez*
Ceremony & Words from
Grandmaster Li, Mao-Ching

2000 Taste of China

San Cai Dui Jian, *Dr. Yang, Jwing-Ming* *vs*
Kathy Yang

2001 Taste of China

White Crane Candle Training, *Jeff Bolt*

2001 YMAA School demo

Lion Dance
Liu He Ba Fa, *Walter Wong*
Xingyi Five Elements Palm, *Ravi Dixit*
Taiji Saber, *Roger Whidden, Tracy Stouck, vs*
Leslie Takao
Yao Gu with Tiger, *George Dominguez*
Qi Mei Gun, *Ellen Wetmore,*
Jeff Warmouth vs Sean Rudd
Bagua Dao, *James Yang*
Guan Dao, *George Dominguez*
San Cai Dui Jian, *Kathy Yang vs Nicholas Yang*
Er Lu Qiang, *George Dominguez*
Qi Xing Dao, *Simon Pang*
Shi Zi Tang (Crossing Sequence), *Simon Pang*
Saber vs Spear, *James Yang vs George Dominguez*
Yang-Style Taijiquan with Fa Jing,
Dr. Yang, Jwing-Ming

2002 Taste of China

Candle Training, *Jeff Bolt*
San Cai Jian, *Dr. Yang, Jwing-Ming*
Chen-Style Taijiquan, *Master Liang Shou-Yu*
Two Short Rods, *Corluis Birkill*

2002 YMAA Summer Camp - Hungary

Shan He (Fanning Crane), *Aaron Damus*
Taiji Saber, *Kathy Yang*
Kun Wu Jian, *Kathy Yang*
Fighting Techniques
Chin Na Fighting, *Sean Rudd vs Jim Noble*

2002 YMAA 20th-Year Anniversary

Eagle Claw, *Steven Vo*
Taizu Changquan, *Ravi Dixit*
Er Lu Mai Fu, *Walter Wong*
Bagua Dao, *Simon Pang*
Ti Dao, *Ramel Rones*
Trident, *George Dominguez*
Zhong He, *Ravi Dixit*
Yao Gu with Tiger, *George Dominguez*
Yang-Style Taijiquan with Fa Jing,
Dr. Yang, Jwing-Ming

2002 YMAA Summer Camp - South Africa

2003 YMAA Summer Camp - South Africa

2004 YMAA Summer Camp - South Africa

Chin Na Applications, *Pascal Plee vs*
Victor Marques
Bai He, *Aaron Damus*
Taiji Sword, *Kathy Yang*
Yao Gu, *Robert Was*
Yang, Cheng-Fu Taijiquan,
Grandmaster Li, Mao-Ching
Master Li, Mao-Ching and
Dr. Yang, Jwing-Ming teaching

2005 YMAA Summer Camp - Portugal

Bagua Dao, *Nicholas Yang*
Liu He Ba Fa, *Walter Wong*
Qi Mei Dui Gun, *Ricardo Carvalhosa vs*
Armenio Silva
Taiji Fighting Set, *Pascal Plee vs Julien Petitfour*
Barehand vs Saber, *Celso Barja vs Victor Casqueiro*
Kun Wu Gun (Long Fist Staff), *Julien Petitfour*
Shan He, Chuan Zhen and Gong He, *Aaron Damus*
White Ape Sword, *James Yang*
Er Lu Qiang, *George Dominguez*
Two Short Rods vs Staff, *Victor Casqueiro vs*
Joaquim Barros
Taiji Sword, *Jeff Pratt*
Praying Mantis, "Monkey Steals the Peach",
Walter Wong
Si Lu Ben Zha, *George Dominguez*
San Cai Dui Jian, 3 Powers Sword Matching Set,
Nicholas Yang vs Kathy Yang
Yang-Style Taijiquan with Fa Jing,
Dr. Yang, Jwing-Ming

2006 YMAA Summer Camp - South Africa

Grandmaster Li, Mao-Ching interview

2007 Interview with Dr. Yang, Jwing-Ming

2008 Nicholas C. Yang ceremony

Photo & Footage Credits

Dr. Yang, Jwing-Ming
Nicholas Yang and the Yang Family
David Ripianzi
Pat Rice and "A Taste of China"
Tony Chee
David Silver
Tim Comrie
Matt Briggs
Fred Trusten
Alan Dougal
Phil Goldman
Jim O'Leary
Ian Factor
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The demonstration forms in
this program are not meant to be
referenced for instructional
purposes.

